

respect.

10 steps to a more respectful community.



it's about
respect.



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10 steps to a more respectful community.

I am proud
respect.
lives here

*it starts with you.
look around.
listen up.
words have power.
reach out.*

respect in the learning environment

10 steps to a more respectful community.

respect. *philosophy*

The Respect Campaign is a response. What began three years ago as a first step has developed into a pathway to a more accepting learning community.

It's About Respect. is meant to raise public awareness, to make civility a topic of discussion, to help raise the bar in terms of our expectations when it comes to behaviour and to prepare students for the expectations in the work world.

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respect. *philosophy*

Respect signals a need for us to challenge some of the attitudes, beliefs and behaviours that fail to recognize the importance of human dignity and to model and teach appropriate ways to interact in society.

We see respect as a human right. Fostering this belief is a critical part of our mandate as a post secondary institution.

respect. *philosophy*

This approach emphasizes that the College needs to be accessible to the whole community. When we talk about diversity, we include race, colour, gender, sexual orientation, religion, intellectual capacity, body shape, disability, age, family background, parental status, socio-economic background...a broad spectrum of diversities.

If we are an access college, we need to do all that we can to make the College experience a positive and productive one for all students, faculty and staff.

your rights as a student

generally, students have the right to:

- *think, write, speak, learn; pursue social, cultural and other interests... subject to the requirement that they respect the rights of others.*
- *a learning environment that is safe & conducive to learning*
- *be free from discrimination & harassment*
- *feedback on academic performance*

you also have responsibilities


generally, students are responsible to:

- *become familiar with college policies, procedures, and rules and regulations,*
 - *refrain from communication, behaviour or demeanor unsuitable or detrimental to the learning environment including e-communication*
- *demonstrate pride in our campus; treating all areas of the campus and learning environment with respect refraining from damage, litter, grafitti, etc.*

*your professors rights
are your responsibility.*

*generally, students are responsible to accept the
professor's right to:*

- *expect that students write tests when scheduled*
 - *formulate and enforce attendance policies.*
- *determine subject content, methodology & grade assessment*
- *expect that students submit work that is their own*
 - *set reasonable deadlines for assigned work*
 - *expect decorum and appropriate behaviour in classrooms, labs, shops, field placements, internships, etc.*



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It starts with you. Right or wrong? Hurtful or helpful? You have choices to make about what you are putting out there. Surrounding yourself with negativity can really bring you down. Respect yourself. We all deserve respect.

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Look around. Really look. See the world for its possibilities. See chances to make a difference. See ways you can make a change for the good. See ways that you can build a respectful community. We all deserve respect.

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Listen up. Human beings process 4 million messages a day. You have the choice what messages you let in. When you hear disrespect, do something about it. Don't just let it go. It's up to you. We all deserve respect.

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Words have power. When you say things that are harmful, or don't speak up when you hear things you know are wrong; you give up your voice. Speak up. Speak out. Talk about respect today. We all deserve respect.

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Reach out. Do something to help someone around you. When you see someone struggling, put yourself in their shoes. Do the right thing, and reach out. When you see someone being made a victim, step in. We all deserve respect.

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10 steps to a more respectful community.

Creating a respectful community is everyone's responsibility. The most common question is how do I do that? What can I do to be a more respectful member of the community in which I live, work, and learn?

Following is a list of 10 suggestions for optimizing your respect factor.

Know Yourself.

Have an idea where you stand on things. Know what is unacceptable about things like racism, homophobia and harassment.

Stick By It.

There is a lot of pressure to conform and “go with the flow”. You know when someone has crossed the line. Know your line and stick by it.

Look Around.

Know disrespectful behaviour when you see it.
Things like hateful graffiti are not ok.
So do something about it.

Listen Up.

Know disrespectful language when you hear it. Recognize how harmful it can be.

Talk About It.

Being respectful means being able to talk & ask questions about a variety of topics and discuss them in an open and honest way.

Stand Up.

When you see someone being made a victim, step in. Do something about it. Say No.

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Value our Differences.

Diversity surrounds us.
See the value in different perspectives,
histories, and journeys.

Take Pride.

Be proud of our campus and our
community. Participating in litter, graffiti, or
vandalism or not doing something about
them is damaging to everyone.

Own Your Actions.

Nobody's perfect. You know when you've said something over the line. Be accountable.

Reach Out.

Find out about your resources and use them. If you are being victimized tell someone. We're here to listen and to help. Just simply reach out.

reach out. we're here to listen

*If you are experiencing or witnessing
disrespectful
behaviours do something about it.*

- *Talk to your Professor or Program
Coordinator or*
 - *Visit Student Success 475 6112*
- *Counselling Student Success 475 6114*
 - *SUCCI/OASA Office 475 6226*
- *Wellness & Diversity Office 475 6237*
 - *Ombuds Office 475 6209*

or email respect@confederationc.on.ca

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What's an Ombudsperson anyways?

Someone who helps students solve problems and maintains:

confidentiality, in a safe, comfortable environment

informality, outside of formal channels

impartiality, objective without taking sides

independence, not part of a program or department

independent impartial confidential

the
Ombuds
Office

When should you contact the Ombudsperson?

When you:

need help in communicating with someone or resolving a conflict

feel you've been treated unfairly or are being harassed.

want information or advice about a policy or procedure.

are not sure what to do and don't know where else to turn.

independent impartial confidential

the
**Ombuds
Office**

What does the Ombudsperson do?

The Ombudsperson:

provides guidance through the conflict resolution process

explains relevant policies / procedures and makes referrals

facilitates communication / mediates conflict situations

helps to identify and evaluate realistic options for resolution

independent impartial confidential

the
Ombuds
Office

How can I contact the Ombudsperson?

In Person – The Ombuds Office is located on the second floor of the Shuniah Building room A212

By Phone – 807 475 6209

By Email - ombuds@confederationc.on.ca

independent impartial confidential

the
**Ombuds
Office**